



2026 ISWA Folkstyle & Women's Folkstyle State Championships

March 6-8, 2026

Nexus Park Circle • K Fieldhouse • 2380 25th St • Columbus, IN 47201

WEIGH-INS (Boys & Girls)

Times: 6:30 – 9:00 PM • No entry into the weigh-in area before 6:30 PM • No lines before 5pm

Friday: 6U, 8U, 10U, Junior, University, Senior, Veteran

Saturday: 12U, 14U, 16U

- NO weight allowance • NO check Scale • Wrestlers must wear competition uniform
- All weigh-ins will consist of (1) weigh-in and (1) immediate challenge. Wrestlers will not be allowed to leave the weigh-in area. The ISWA does not charge for adjusting weight classes after you register. You are free to adjust your weight class at any time, up until weigh-ins. All wrestlers must weigh-in wearing a competition uniform. (Singlet or two-piece uniform with suitable undergarments as specified by the NFHS rules). After weighing in, no changes may be made. Only athletes will be allowed in the weigh in area. ATHLETES MUST HAVE USAW CARDS WITH THEM TO WEIGH IN!
- SKIN CHECKS Upon arrival, wrestlers will proceed directly to skin checks and weigh-ins. Certified Athletic Trainers will be on site to conduct skin checks prior to weigh-ins. All decisions by the trainers regarding participation will be final! (For details, go to www.iswa.com and select Sports Medicine under the Tournaments tab) (Sports Medicine information includes Skin Check information and a Physician's Release for Wrestlers.) This is the only form that is accepted and must be presented to the trainer at the time of skin check.

COMPETITION SCHEDULE – Applies to both Boys & Girls Divisions

- Wrestlers are only allowed to compete in the tournament division of their gender
- Times listed below are start times by age group

Saturday: Doors open 7:00 AM,

- 8AM - Junior, University, Senior, Veteran
- 10:30AM - 6U, 8U
- 11:30AM - 10U

Sunday: Doors open 7:00 AM

- 8AM – 16U
- 11AM – 14U
- 1:30PM – 12U



REGISTRATION – Register online at www.USAWmembership.com

- **Early Registration:** \$50 - Now thru March 1st @ 8pm EST
- **Standard Registration:** \$75 - March 1st @ 8:01pm EST – March 5th 8pm EST
- **Final Registration:** \$100 - After March 5th @ 8pm EST
- **Register by March 1st @ 8pm to have your name included on the official 3X event shirt**
- **CLUB AFFILIATION:** Make sure prior to registering your wrestler's club affiliation is updated on their profile. **UPDATING CLUB AFFILIATION AFTER REGISTERING:** Once the club is updated and listed on your USA Wrestling profile, you can then go to Manage>Registrations to update the club on your registration.

Registration Requirements

- 2025–2026 USA Wrestling Age Verified Competitor Card required - Age must be verified. Do this by emailing a copy of birth certificate or state ID to office@iswa.com before registering for this event.
- **RESIDENCY POLICY** This state competition is for Indiana residents only! Under no circumstances will out-of-state wrestlers be allowed to participate. In case of a protest, full-time Indiana residency must be verified. Indiana school enrollment will determine residency, if other verification is unavailable or not satisfactory. The wrestler will then be required to produce a copy of a recent report card or school ID to participate.
- Registration required via www.usawmembership.com
- Athletes may compete in only one division per day & must compete in the division of their gender.
- NO REFUNDS

AWARDS

- Custom awards for Top 8 in each weight class
- Championship T-Shirt for 1st Place
- Team awards for the Boys Top 3 Small, Medium, Large clubs & Academies. Teams must consist of 8 or more wrestlers to enter a team. Team awards for the Girls are the Top 3 clubs and Academies. (Academies as defined by the ISWA Board of Directors)

ADMISSION

Spectator Pass: \$25 • Ages 10 & under free

- **Wristband is valid for all sessions on Saturday & Sunday. Keep your wristband.**
- Purchase Online only via GoFan



BUY TICKETS ONLINE

USE THE QR CODE BELOW, OR
VISIT GOFAN.CO & SEARCH
INDIANA STATE WRESTLING ASSOCIATION



2026 ISWA FOLKSTYLE STATE & GIRLS FOLK-
STYLE STATE FINALS
MARCH 06, 2026 | 04:00 PM



Coaching Band: \$10 • Purchase at www.usawmembership.com.

• **Includes admission for both days & mat side access (spectator ticket not needed).** Must purchase at USAWmembership.com, have a valid USAW card & certifications. See **“What Coaches Need to Know”** for more details.

Other Important Information

- USAW / ISWA Girls Division Rule Modifications: The neutral start and step out rule modifications documented in the Girls Rule Modifications Word Document will be applicable for the girls divisions at ISWA Folkstyle State. Watch the Girls Rule Modifications Video for additional details. These modifications are applicable for girls divisions at ISWA, USAW National and Tour of America Events. THESE GIRL MODIFICATIONS DO NOT APPLY TO IHSAA or MIDDLE SCHOOL
- PAIRING: Line Bracketing will be used with seeding by USAW Folkstyle PIN ranking.
- PLACEMENT MATCHES: Placement matches will be wrestled with a formal award presentation for each weight class held at the conclusion.
- Vendor: 3X Gear is our exclusive tournament vendor for all of this year’s ISWA State Tournaments.

WHAT COACHES NEED TO KNOW

EACH CLUB WILL RECEIVE TWO (2) FREE COACHES BANDS. AN EMAIL WILL BE SENT TO THE ADMIN CLUB EMAIL ADDRESS ON FILE ATTACHED TO THE CHARTER WITH DETAILS ON HOW TO SUBMIT THE NAMES FOR THE TWO (2) SELECTED COACHES. THE SELECTED COACHES MUST MEET ALL REQUIREMENTS (VALID USAW MEMBERSHIP/COPPER, BRONZE OR GOLD CERTIFIED) AND THE AUTHORIZED CLUB EMAIL MUST CONFIRM THE NAMES OF THE SELECTED COACHES NO LATER THAN THURSDAY, MARCH 5TH AT 8PM EST. **[ANY QUESTIONS ON COACHES BANDS PLEASE EMAIL JENNIFER.PIERSON@ISWA.COM.](mailto:JENNIFER.PIERSON@ISWA.COM)**

All other coaches must register and purchase a coach’s pass online at www.usawmembership.com.

- COST: \$10 – and is valid for both days, and includes admission and matside access (no spectator pass required).
- Coach wristbands will only be issued to coaches who hold a current USA Wrestling Leader Card and are USAW/NCEP Copper Certified or higher.

COACHING BAND PICK-UP SCHEDULE:

- **Friday:** 6:30 PM – 9:00 PM during weigh-ins
- **Saturday & Sunday:** Pick up at the spectator band table at the entrance gates
- No refunds

At Pick up:

- Coaches must present their **Leader Card** at check-in.
- If the card does **not include a photo**, a **photo ID is required**.

NOTE:

- Coaches will be fitted with one wristband only at check-in. Do not remove the wristband. Only one wristband will be issued per coach.
- All required USAW credentials and leader cards can be completed online at www.usawmembership.com.



NexusPark



Medical Offices

Legend:



Restrooms



Dining



Department of Parks & Recreation



Retail (Shops & Dining)



Columbus Regional Health Medical Offices

← To 25th St

Lot 3



Lot 4



Laboratory Services & Imaging
 Medication Assistance
 Neurology & Sleep Sciences
 Sandcrest Family Medicine
 Doctors Park
 Family & Internal Medicine
 Columbus Pediatrics
 OB/GYN Associates

G

F

E

D

C

B

A

Entrance

4

Entrance 3

WellConnect
 PT Solutions
 Hydrotherapy Pool
 Physical Therapy
 Occupational Therapy
 Speech Therapy
 Hydrotherapy Pool

Rau Family Medicine
 Audiology
 Employer Health Partners
 VIMCare Clinic

Locker Rooms

Child Watch

Entrance 2

2

Fitness Center
 Ticketing
 Community fIRST Hub
 Concessions
 The Rec
 Reception
 Teaching Kitchen
 Meeting Rooms
 Offices

CIRCLE K



Department of PARKS & REC Columbus, IN

Lot 1



Entrance 5

5

Entrance 1

1

Entrance 5A

Dunham's

Lot 5



EXTRA PARKING

